

Information For the User

Telmisartan I.P. – 20 mg

Telbolife 20 Tablet

Brand Name: Telbolife 20 Tablet

Dosage Form: Tablet

Therapeutic Category: Antihypertensive

Composition:

Each uncoated tablet contains:

- **Telmisartan I.P.** – 20 mg

Description:

Telbolife 20 Tablet contains **Telmisartan**, an angiotensin II receptor blocker (ARB).

Telmisartan works by blocking the action of angiotensin II, a substance that causes blood vessels to constrict. By inhibiting its effect, Telmisartan helps to relax blood vessels, thereby lowering blood pressure and improving blood flow.

Indications:

- Treatment of essential hypertension in adults.
- Used as a monotherapy or in combination with other antihypertensive agents.
- Reduces the risk of cardiovascular events in hypertensive patients.

Dosage and Administration:

- **Recommended Dose:** One tablet once daily.
- **Administration:** The tablet can be taken with or without food. It should be taken at the same time each day for optimal blood pressure control.
- **Dose Adjustment:** The dosage may be adjusted based on the patient's response and blood pressure control.

Contraindications:

- Hypersensitivity to Telmisartan or any of its components.
- Severe renal impairment or anuria.
- Pregnancy and lactation.
- Hyperkalemia.

Precautions:

- **Renal Function:** Monitor renal function and electrolytes regularly.
- **Electrolyte Imbalance:** Monitor for signs of hypokalemia, hyperkalemia, or hyponatremia.
- **Hepatic Impairment:** Use with caution in patients with liver disease.
- **Hypotension:** May cause a drop in blood pressure, especially in patients with a history of dehydration or salt depletion.

Adverse Effects:

- **Common:** Dizziness, fatigue, headache, hypotension, and upper respiratory tract infections.
- **Serious:** Renal impairment, hyperkalemia, hypotension, and liver enzyme abnormalities.

Storage:

- Store in a cool and dry place, below 25°C.
- Protect from light and moisture.
- Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
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